



Invite Ignite Inspire

Aldergrove Public School
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Markham, ON.
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905.470.2227

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aldergrove.ps@yrdsb.ca

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APS Guiding Questions:

Who am I?

Who are you?

Who are we together?

APS - Seven Values

Citizenship

Empathy

Inclusivity

Innovation

Relationships

Self-Awareness

Optimism

Inspire Learning!

Aldergrove Public School Community Newsletter

December 22, 2023, Vol. 9

Message from the Office

As winter break approaches, there are so many things we are able to celebrate. Our scholars are learning and establishing who they are in the community. Our Intermediate scholars are growing their leadership skills in the Business Club, Robotics Club and were a great asset as volunteers during the Gingerbread House event. Our junior scholars in Ms. Ochba's class initiated the APS Food Drive in partnership with Markham Food Bank which was a success. Our staff continues to engage in professional learning prioritizing mental health, centring our scholar's and creating identity-affirming spaces.

It was so exciting to continue the Aldergrove tradition of Gingerbread House making. We were able to distribute over 200 gingerbread house kits. Seeing community 'building' together, enjoying the festive offerings and getting to know each other was joyous and heartwarming. The partnership with the community continues to build safe spaces, both within Aldergrove and outside. Thank you for your partnership in the Active School Program. Ms. Omodele's and Mr. Berbericks class won a pizza party for the most scholars walking to school throughout the month of November. More than that, this has reduced excessive traffic during drop off and pick up times.

On behalf of the staff at Aldergrove, we wish families a great Winter Break. To families celebrating Christmas and Kwanzaa, may this time be filled with joy and good tidings. We look forward to seeing you back on January 8, 2024.

Partners in education,

Ms. Jessa

Principal

Mr. Pamayah

Vice Principal

Resources for Families

[Guide to the School Year](#)

[Student Mental Health and Addictions Newsletter - January](#)

[York Hills Positive Parenting Seminars](#)

[Markham Public Library](#)

[Aldergrove Archives: Past Newsletters and School Council Minutes](#)

School Schedule

8:15 am - staff on duty outside (scholars stay outside until entry bell, except when it's raining)

8:25 am - entry bell

8:30 am - learning block

10:10 am - 10:40 am recess

10:40 am - 12:20 - learning block

12:20 pm - 1:20 pm lunch

1:20 pm - 3:00 pm learning block

3:00 pm - dismissal

Safe Arrivals:

Please be on time for school. If your child is late or will be absent, please inform the school office or use EDSBY to share this information.

School Arrival Time

Families are reminded school starts at 8:30. Staff supervision starts at 8:15. Scholars need to wait outside at the correct entry door until they are let into the school just before 8:30. They should only be inside the school if they are attending the Breakfast Program.



School Council

Please take a look at the dates planned for meetings this year and mark them on your calendar. Child care and language translation is provided at each meeting.

- Thursday, January 25, 2024 Movie Night
- Thursday, February 22, 2024 3rd Council Meeting
- Thursday, March 7 Council Event
- Thursday, May 9 4th Council Meeting
- Friday, April 19 Staff Appreciation Luncheon
- Thursday, April 25 Tentative Event
- Thursday, May 30 Culminating Event

You can access past School Council Minutes [here](#).

Cold Weather is Here!

This is a reminder that all scholars are expected to go outside for recess. Please ensure that your child/ren are dressed appropriately for winter weather. A change of clothes would be helpful for primary children should they get wet during the day. Please make sure all clothing items are labeled with your child's name. Our "Lost and Found" bin gets filled up quickly and belongings often go unclaimed. Please make sure your child has a pair of indoor shoes for school.

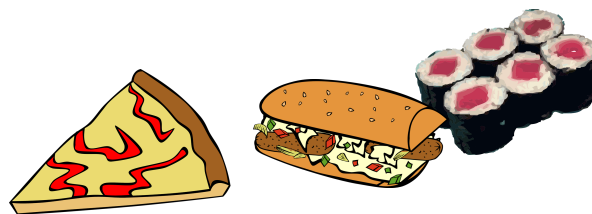


Aldergrove Lunch Programs

Tuesday: Pizza Lunch, October 17-January 30.

Wednesday: Sushi Lunch, October 18-January 31.

Friday: Sub Lunch, October 27-January 26.



The Order for Term 2 Lunch Program (from Feb. 6-June 26) is on School Cash Online starting today.

Elementary School Dental Screening Program

York Region Public Health has resumed the dental screening program in schools. Public health staff will begin visiting Aldergrove on January 26 and 29 2024. A letter will be distributed to families closer to the time of screening.



Boomerang Lunch Program Starting in January 2024

HOW IT WORKS: All waste from your child's snacks/lunches will be returned home in their lunch bags. This includes all packaging, uneaten food and leftovers.

WHY WE NEED THIS PROGRAM: Most lunch trash comes from disposable packaging of single use food items, plastic bags and foil. It's estimated that the average school age child using a disposable lunch produces 67 pounds of lunch waste per school year! Using re-usable containers, thermos bottles and bringing the right amount of food will let children know they can be part of the solution to our waste problems.

BENEFITS: A Boomerang lunch provides you with information about the eating habits and preferences of your child. By carrying home the leftovers you can see what's been eaten or not. Teachers see a huge amount of uneaten food go into the garbage day after day. This is not only wasteful but expensive. We know this is asking families to re-think food preparations and student actions but our hope is that informative discussions will take place and habits will change. Packing a waste free lunch not only helps the environment it can also result in healthier more nutritious snack/lunches. Did you know that many pre-packaged foods contain significant amounts of salt, preservatives, sugar and fat?

Waste Free Snack/ Lunch Tips

1. Use reusable lunch carriers. Please avoid plastic or paper bags.
2. Use reusable containers. Please avoid plastic wrap, foil, wax paper, Styrofoam.
3. Use reusable drinks bottles or thermos. Please avoid single-use juice boxes, pouches, cans and plastic water bottles.
4. Use a cloth napkin and wash and re-use. Please avoid paper napkins.
5. Use silverware and wash and re-use. Please avoid plastic forks/knives.
6. Buy fresh fruits and vegetables and cut them up so you can send the right amount. Cutting and peeling fruit and vegetables makes it quicker and easier for your child to eat in their short eating time.
7. Get your children to help pack their snacks/lunches with healthy foods.
8. Only pack as much food as your child will eat.



Aldergrove's Gingerbread House Workshop



Message from Our Trustee December 2023

I hope everyone has had a good start to the school year and is looking forward to the winter break ahead.

As I have been visiting schools and attending events, I continue to be impressed by the professionalism and dedication of school staff, the commitment and support of families and the curiosity, creativity and enthusiasm of students. As a Board of Trustees, we continue our commitment to delivering a high-quality education, this also includes striving to create safe, caring, inclusive and respectful school environments where students feel valued and supported.

I want to thank everyone who attended the school council forum held in our area and helped to make the event such a success. It was a wonderful opportunity to bring together school council members for an evening of shared learning and discussion. School councils play such an important role in our schools, and we are grateful for all that they do to support students, family engagement and schools.

While we are not yet at the midway point in the school year, many students and families are already looking to the school year ahead, visiting [secondary school open houses](#) and starting to think about course selections for next school year. All our secondary schools offer a variety of courses, programs and opportunities that let students gain skills and experience, explore their interests and begin preparing for the future. Those opportunities are now even easier to explore.

Students can [search from 16 different sectors](#) that interest them, including STEM, Arts, business, manufacturing and many more to discover how they can earn credits, gain experience, skills and certifications in those areas. Visit www2.yrdsb.ca/experience-yrdsb to learn more.

We also offer a variety of [programs for Black students](#) through the Board's Centre for Black Student Excellence. These summer and school-year programs are designed to affirm students' identities and support student achievement and well-being. You can learn more about the programs and how to sign up for the centre's mailing list [on the website](#).

One of our roles as a Board of Trustees is to regularly review Board policies to ensure they are relevant, reflect our mission and values as an organization, and meet the needs of our students. An important part of that process is collecting feedback from the community. [Learn more on the Board website](#) about how you can share your input and see what policies are currently being reviewed.



Telephone

(289) 221-4429

Email

I want to take this opportunity to thank families for their patience while we work to restore services following [network outages](#) as a result of a cyber incident, and to acknowledge the work of our staff who continue to deliver high quality public education and to restore services.

As we head into December, I also want to wish you a safe and enjoyable winter break. There are many significant dates for different faiths and cultures during this time of year, and to all those celebrating, I wish you a happy and joyous celebration. I hope everyone has an opportunity to relax, recharge and enjoy time with family and friends. We look forward to welcoming you back in January.

Jenny Chen

Trustee, Markham Wards 1 and 8

two learn mathify

TVO Learn Mathify offers seamless school-to-home math learning with an interactive classroom tool, and free one-on-one, online afterschool math tutoring. Transform where and how Grade 4-12 students in Ontario learn math.



Interactive learning

- Share whiteboards with students, and enable students to submit their whiteboard links for feedback or evaluation
- Create lessons and activities to demonstrate to small groups or the entire class
- Explore the Question Bank to access nearly over 600 whiteboards with ready-to-use math questions from Grades 4-12



Seamless learning

- Personalized math portfolio to store math learning; easily transition school to home learning; and enable sharing between teachers, students and tutors
- Savable interactive whiteboard with ability to import or upload images or screenshots of math questions or problems to work through



Free live after school tutoring

- Live 1:1 tutoring with Ontario Certified Teachers, two-way audio, integrated text, recorded sessions and ability to choose your own tutors

9am - 9pm ET | Monday to Friday

3pm - 9pm ET | Saturday and Sunday

Registration requirements:

- Students require an OEN
- Educators require a district email address






Register today to learn
more and get started!
TVOMathify.com







January 2024

 The Breakfast Program is **OPEN** every day from 8:00 - 8:25 am

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Day 1 (No School) 	2 Day 2	3 Day 3	4 Day 4	5 Day 5	6
7	8 Day 1 School reopens	9 Day 2 Pizza Day 	10 Day 3 Sushi Day  Walk to School Wednesday	11 Day 4	12 Day 5 Sub Day 	13
14	15 Day 1 Thai Pongal	16 Day 2 Pizza Day 	17 Day 3 Sushi Day  Walk to School Wednesday	18 Day 4	19 PA Day No School	20
21	22 Day 5	23 Day 1 Pizza Day 	24 Day 2 Sushi Day  Walk to School Wednesday	25 Day 3 Movie Night	26 Day 4 Sub Day  Spirit Day: Winter Wonderland	27
28	29 Day 5	30 Day 1 Pizza Day 	31 Day 2 Sushi Day  Walk to School Wednesday			

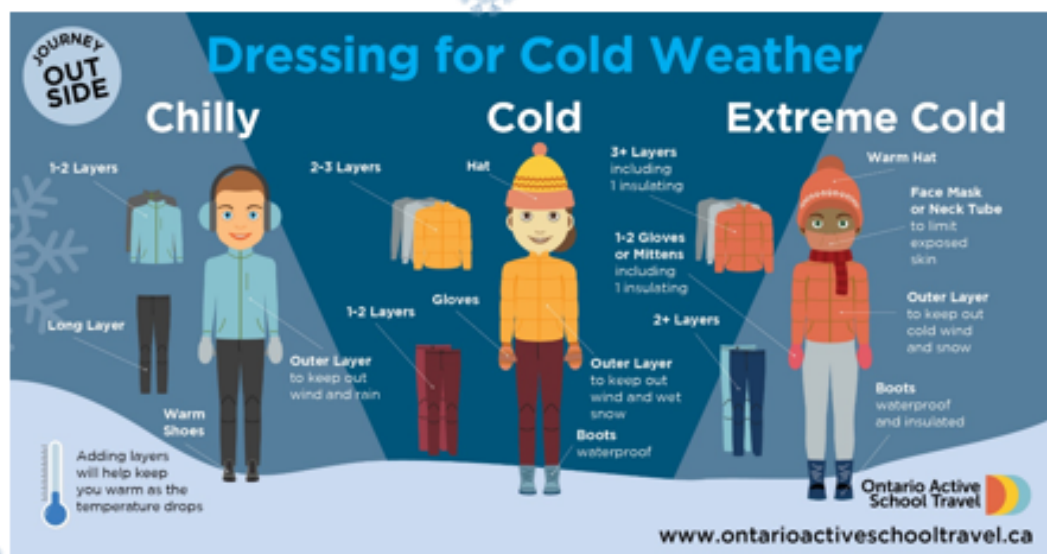
 Phone: (905) 470-2227

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 Twitter: @aldergroveps



As we get ready to embrace the winter months we wanted to remind students and families about dressing warm, staying hydrated, and giving yourself extra time to travel. Winter walking can feel overwhelming but it doesn't have to be. Below are some important dressing tips and winter walking tips to consider when traveling actively to school. Take some time to review these tips with your child.



Winter Walking Tips

- Bend knees slightly and keep them loose to give more balance
- Walk flat footed so more of your foot is touching the ground
- Point your feet out slightly like a penguin
- Watch where you are stepping
- Take shorter, shuffle-like step
- Keep your arms at your sides (not in your pockets!)
- Concentrate on keeping your balance
- Very important...walk slowly!

Source of tip above: Do the [Penguin Walk](#) and [YR Winter Safety Tips](#)



JANUARY 2024

NO PROGRAMS JANUARY 1st-5th. 
Indoor programs return January 15th

	Monday	Tuesday	Wednesday	Thursday
Indoor Programs	Learn and Play 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered 	Winter Wonderland 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered 		Learn and Play 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered
Virtual Programs	#Bedtime Stories 6:30PM Facebook Live Birth-6 years unregistered	#Storytelling 12:30PM Facebook Live Birth-6 years unregistered	#Circletime 12:30PM Facebook Live Birth-6 years unregistered	#PlayandLearn 12:30PM Facebook Live Birth-6 years unregistered
Outdoor Programs			Nature Walk 9:30-11:00 AM Aldergrove Park Birth-6 years unregistered	

Program Descriptions

Winter Wonderland - This Winter Wonderland is designed to celebrate the joy of the season while promoting developmental milestones for young children in a safe and engaging environment. Located at Aldergrove P.S., Room # 101

Learn and Play - This program is designed for children Birth-6 years of age and their caregivers. The focus of this program is to provide learning through free play and build positive relationships amongst families. Located at Aldergrove P.S., Room # 101.

#Storytelling - Snuggle up in a cozy spot at home and get ready to relax and enjoy a story.

Nature Walk - Nature walk is a nature-based outdoor program tailored for children aged 0-6 years, dedicated to fostering a deep connection with the natural world. Through immersive experiences, our program aims to instill a sense of wonder and appreciation for the environment while promoting holistic development and a lifelong love for nature. Located at Aldergrove Park.

#Circletime - Join us on Facebook for interactive music and stories.

#PlayandLearn - Join us on Facebook for parents and caregiver to learn different hands-on, open-ended activities for children.

#BedtimeStories - Join us live on Facebook for dreamland tales is an enchanting online bedtime stories program created to make the bedtime routine a magical and educational experience for children.

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/markhamcapc> 



2024 年 1 月

1 月 1 日至 5 日没有节目。
室内节目将于 1 月 15 日回归



	周一	周二	周三	周四
室内节目	学习和玩耍 上午 9:30-11:30 奥尔德格罗夫公立学校出生 - 未注册 6 岁 NEW!	冬季仙境 上午 9:30-11:30 奥尔德格罗夫公立学校出生 - 未注册 6 岁 New!		学习和玩耍 上午 9:30-11:30 奥尔德格罗夫公立学校出生 - 未注册 6 岁
虚拟节目	#睡前故事 6:30PM Facebook 活产 - 6 年未注册	#评书 12:30PM Facebook 活产 - 6 年未注册	#循环时间 12:30PM Facebook 活产 - 6 年未注册	#边玩边学 12:30PM Facebook 活产 - 6 年未注册
户外活动			自然漫步 上午 9:30-11:00 Aldergrove Park 出生 - 6 岁未登记	

计划说明

冬季仙境 - 这个冬季仙境旨在庆祝季节的欢乐，同时在安全和引人入胜的环境中促进幼儿的发展里程碑。位于 Aldergrove P.S., 101 室

学习和玩耍 - 该计划专为出生至 6 岁的儿童及其照顾者而设计。该计划的重点是通过自由玩耍提供学习并在家庭之间建立积极的关系。位于 Aldergrove P.S., 101 室。

#讲故事 - 依偎在家里舒适的地方，准备放松并享受故事。

自然漫步——自然漫步是一项为 0-6 岁儿童量身定制的以自然为基础的户外活动，致力于培养与自然世界的深度联系。通过身临其境的体验，我们的计划旨在灌输对环境的惊奇感和欣赏感，同时促进全面发展和对自然的终生热爱。位于奥尔德格罗夫公园。

#Circletime - 在 Facebook 上加入我们，享受互动音乐和故事。

#PlayandLearn - 在 Facebook 上加入我们，让家长和看护者为孩子学习不同的实践、开放式活动。

#BedtimeStories- 加入我们的 Facebook 直播，聆听梦境故事是一个迷人的在线睡前故事节目，旨在让睡前例行公事成为孩子们的神奇教育体验。

访问: <https://www.facebook.com/groups/markhamcapc> 加入我们的虚拟程序私人 Facebook 群组





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APS 指导问题:
我是谁?
你是谁?
我们在一起是谁?

APS学校七个价值
公民责任
同理心
包容
创新
关系
自觉
乐观

Inspire Learning!

Aldergrove Public School 社区通讯 2023 年 12 月 22 日, 第 9 期

来自办公室的消息

寒假临近, 我们有很多事情可以庆祝。 我们的学者正在学习并确定他们在这社区是谁。 我们的高年级学者正在商业社团、机器人社团培养他们的领导力的技能, 以及在姜饼屋活动期间作为志愿者。 Ms. Ochba 班上的中年级学者与以下组织合作发起了 APS Food Drive 万锦食品银行取得了成功。 我们的员工继续从事专业学习, 优先考虑心理健康, 以我们的学者为中心并创造身份确认空间。

持续Aldergrove的姜饼传统真是令人兴奋。 我们分发了 200 多个姜饼屋套件。 看到社区一起“建设”, 享受节日礼物并相互了解, 真是令人高兴又温馨。 与社区的合作继续在Aldergrove内外建立安全空间。 感谢您在 Active School 计划中的合作。 Ms. Omodele 和 Mr. Berberick 的班级为 11 月份步行上学的大多数学者赢得了披萨派对。 不仅如此, 这还减少了上下车期间的过多交通量。

我们谨代表Aldergrove的员工祝愿家人度过一个愉快的冬季假期。 对于庆祝圣诞节和宽扎节的家庭, 愿这一次充满欢乐和好消息。 我们期待着2024 年 1 月 8 日再见。

教育合作伙伴,

Ms. Jessa
校长

Mr. Pamayah
副校长

家庭资源

[学年指南](#)

[学生心理健康和成瘾通讯 - 一月](#)

[York Hills 积极育儿研讨会](#)

[万锦公共图书馆](#)

Aldergrove档案: [过去的社区通讯和学校理事会会议纪要](#)

学校时间表

上午 8:15 - 学校工作人员开始外面值班

8:25 - 进校铃响

8:30 - 学校早会和课程开始

10:10 - 课间休息 (30 分钟)

10:40 - 课程继续

12:20 - 午餐 (1小时)

1:20 - 课程继续

3:00 - 放学

安全抵校: 请准时到校。 如果您的孩子将迟到或缺席, 请通知学校办公室或使用 EDSBY 分享此信息。

到校时间

提醒家人学校于 8:30 开始上课。 工作人员监督于8点15分开始。 学者们需要在外面正确的入口处等候，直到 8:30 之前被允许进入学校。 只有参加早餐计划时，他们才可以在学校内。



学校理事会

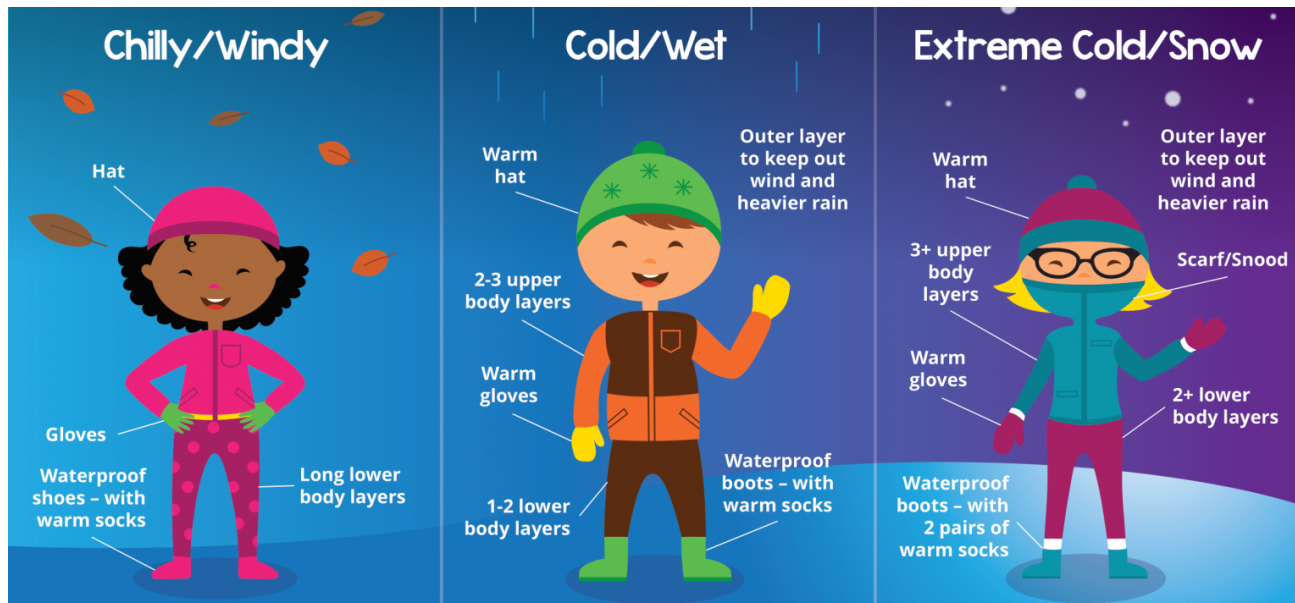
请查看今年计划的理事会议日期并将其标记在您的日历上。 每次会议均提供儿童看护和语言翻译。

- 11 月 30 日星期四, 第二次家长理事会会议下午 6:30
- 12 月 7 日, 星期四, 姜饼之夜 5:00–8:00 pm
- 2024 年 1 月 25 日星期四电影之夜
- 2024 年 2 月 22 日, 星期四, 第三次家长理事会会议
- 3 月 7 日星期四, 家长理事会活动
- 5 月 9 日, 星期四 第四次家长理事会会议
- 4 月 19 日星期五, 员工答谢午宴
- 4 月 25 日, 星期四 暂定活动
- 5 月 30 日星期四最终活动
-

您可以在[此处](#)查看过去的学校理事会会议纪要。

寒冷的天气来了！

提醒您，所有学者都应该到外面休息。 请确保您的孩子穿着适合冬季的衣服。 如果学生白天弄湿了，多一套衣服会对他们有帮助。 请确保所有衣物都标有您孩子的名字。 我们的“失物招领”箱很快就被装满，也经常无人认领。 请确保您的孩子有一双适合上学的室内鞋。



Aldergrove 午餐计划

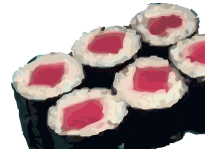
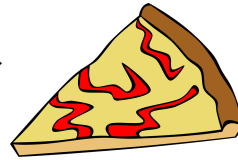
Aldergrove提供以下午餐计划:

周二: 披萨午餐, 10 月 17 日至 1 月 30 日

星期三: 寿司午餐, 10 月 18 日至 1 月 31 日

周五: 三明治午餐, 10 月 27 日至 1 月 26 日

从今天开始, 第二期午餐计划 (2 月 6 日至 6 月 26 日) 将在 School Cash Online 上订购。



小学牙齿检查计划

约克地区公共卫生部门已恢复学校的牙齿筛查计划。 公共卫生工作人员将于 2024 年 1 月 26 日至 29 日开始到访Aldergrove。

临近筛查时间, 一封信将分发给家庭。



Boomerang 午餐计划将于 2024 年 1 月开始

运作原理: 您孩子点心/午餐中的所有垃圾都将装在午餐袋中带回家。 这包括所有包装、未吃的食物和剩菜。

为什么我们需要这个计划: 大多数午餐垃圾来自一次性食品、塑料袋和铝箔的一次性包装。 据估计, 使用一次性午餐的学龄儿童平均每学年会产生 67 磅的午餐浪费! 使用可重复使用的容器、保温瓶并携带适量的食物可以让孩子们知道他们可以成为解决垃圾问题的一部分。

好处: Boomerang午餐为您提供有关孩子饮食习惯和喜好的信息。 通过把剩菜带回家, 你可以看到哪些被吃掉了, 哪些没有被吃掉。 老师们日复一日地看到大量未吃的食物被扔进垃圾箱。 这不仅浪费而且昂贵。 我们知道这要求家庭重新考虑食物准备和学生行为, 但我们希望能够进行内容丰富的讨论并改变习惯。 包装无浪费的午餐不仅有利于环境, 还可以带来更健康、更有营养的点心/午餐。 您是否知道许多预包装食品含有大量的盐、防腐剂、糖和脂肪?

避免浪费点心/午餐小贴士

1. 使用可重复使用的午餐盒。 请避免使用塑料袋或纸袋。
2. 使用可重复使用的容器。 请避免使用保鲜膜、箔纸、蜡纸、聚苯乙烯泡沫塑料。
3. 使用可重复使用的饮料瓶或保温瓶。 请避免使用一次性果汁盒、袋、罐和塑料水瓶。
4. 使用布餐巾并清洗并重复使用。 请避免餐巾纸。
5. 使用银器并清洗并重复使用。 请避免使用塑料叉子/刀子。
6. 购买新鲜的水果和蔬菜, 并将它们切碎, 以便适量寄送。 切割和剥皮水果和蔬菜可以让您的孩子在短暂的进食时间内更快、更轻松地进行。
7. 让您的孩子帮忙用健康食品包装零食/午餐。
8. 仅携带孩子能吃的食物。

我希望每个人都有一个良好的学年开始，并期待即将到来的寒假。

当我参观学校和参加活动时，学校教职员的专业精神和奉献精神、家庭的承诺和支持以及学生的好奇心、创造力和热情给我留下了深刻的印象。作为教育局董事会，我们继续致力于提供高质量的教育，这还包括努力创造安全、关爱、包容和尊重的学校环境，让学生感到受到重视和支持。

我要感谢所有参加我们地区举办的学校理事会论坛并帮助使活动取得如此成功的人。这是一个将学校理事会成员聚集在一起进行共同学习和讨论的绝佳机会。学校理事会在我们的学校中发挥着如此重要的作用，我们感谢他们为支持学生、家庭参与和学校所做的一切。

虽然我们还没有到学年的中间点，但许多学生和家庭已经开始展望未来的学年，参观[中学开放日](#)并开始考虑下一学年的课程选择。我们所有的中学都提供各种课程、项目和机会，让学生获得技能和经验、探索自己的兴趣并开始为未来做好准备。现在，探索这些机会变得更加容易。

学生可以[搜索他们感兴趣的 16 个不同领域](#)，包括 STEM、艺术、商业、制造等，以了解如何在这些领域获得学分、经验、技能和认证。请访问 www2.yrdsb.ca/experience-yrdsb 了解更多信息。我们还通过董事会的黑人学生卓越中心为[黑人学生提供各种项目](#)。这些暑期和学年项目旨在确认学生的身份并支持学生的成就和福祉。您可以在[网站上](#)了解有关这些计划以及如何注册该中心的邮件列表的更多信息。

作为教育局董事会，我们的职责之一是定期审查教育局政策，以确保其相关性、反映我们作为一个组织的使命和价值观，并满足学生的需求。该过程的一个重要部分是收集社区的反馈。在教育局网站上详细了解如何分享您的意见并查看当前正在审查哪些政策。

我想借此机会感谢家人在我们努力恢复因网络事件导致网络中断后的服务时所表现出的耐心，并感谢我们的工作人员继续提供高质量的公共教育和恢复服务的工作。

在我们进入十二月之际，我也祝愿您度过一个安全愉快的寒假。每年的这个时候，对于不同的信仰和文化来说，有许多重要的日子，对于所有庆祝的人，我祝你们有一个快乐和欢乐的庆祝活动。我希望每个人都有机会放松、充电并享受与家人和朋友在一起的时光。我们期待在一月份欢迎您回来。

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